Make a collage of photos or drawings of the exercise you have had this weekend. From walking to the shops to playing out on your bike place them below in your own exercise diary.

Physical Development

## Reception Newsletter: 12.3.18

You are invited to your child's Easter Assembly on 27<sup>th</sup> March at 2.30pm. You may bring up to 2 adults per child as Reception will be performing as a single year group which gives us more room in the hall.

Please join in with us as we will need lots of voices to help sing along.

This week has been Science Week. We have had the opportunity to explore a number of different learning opportunities.

On Monday Mrs Kirkley came to tell us about having a healthy mind. We need water and a good night's sleep as well as a healthy diet. She taught us some relaxing techniques. We will be practising these as the year progresses.

We did an experiment with crayons and a hair dryer to see what would happen to the state of the crayons.

We have been reading 'Iggy Peck Architect', learning about what an architect is, looking at famous buildings , building with a range of unusual items such as biscuits and thinking about what our dream job would be.

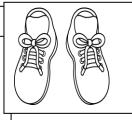
Dan from the Falcons returned to help keep us on the move and improving our levels of fitness.

We made sculptures from fruits and vegetables joining them together with cocktail sticks.

Opportunities outdoors ranged from constructing large scale buildings, making paintings with sugar and water and a bubble workshop. We made our own wands and tried to make square bubbles.

Can you check children's trainers in their P.E bags we have a number of very large feet emerging and very small shoes? They have grown so much recently.

You're welcome to come into school to check and /or replace at the end of the school day.













There have been a few examples of the impact of our Olympic Sports visitor but we would like more. What exercises have you done at home this weekend?

See attached for a format to collate your information.