

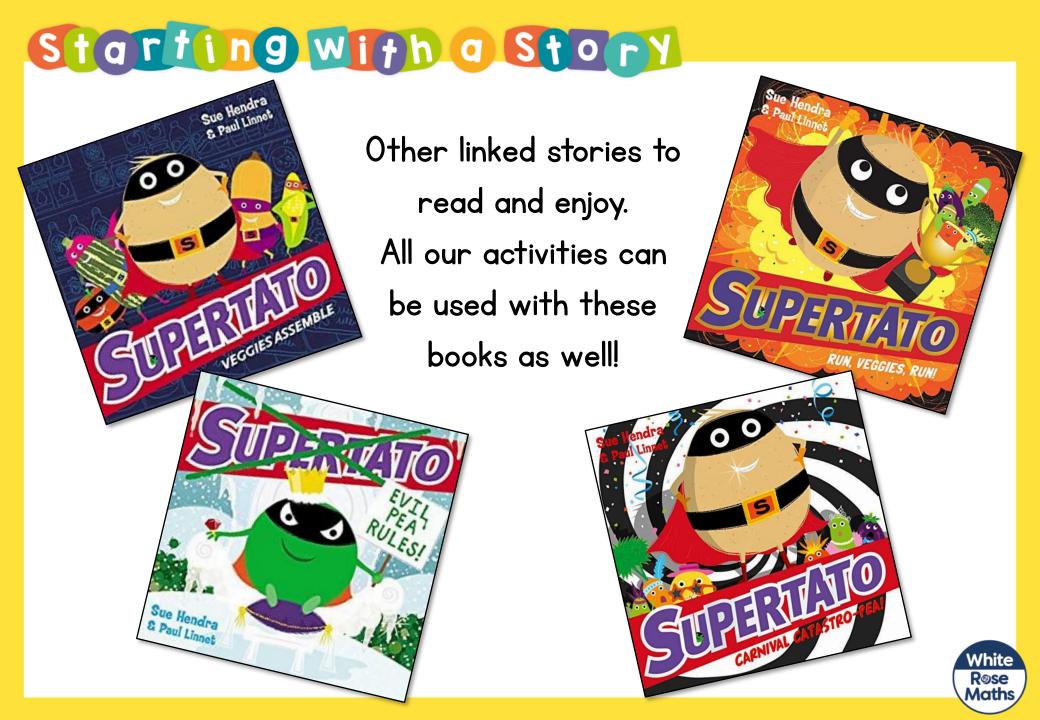
These activities and ideas are based around the book "Supertato"

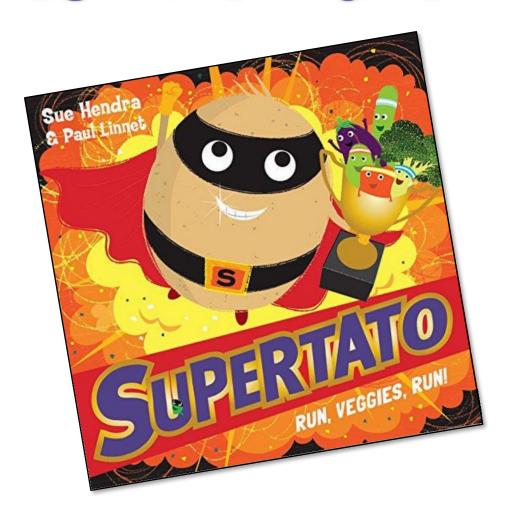
By Sue Hendra

& Paul Linnet.

All activities could be done without the book!







# Veggies assemble for the Great Race

In "Supertato Run Veggies
Run" the veggies are having a
sports day to keep fit.
Set up your own veggie race.
Discover which veggies roll the
best!



#### Talking Together

Have a look and assemble your veggies! What different kinds have you got? Who is going to compete in the race?

Make your own racetrack! This could be a big one outside or a mini race for peas on the table.

Have you got something for a finish line?

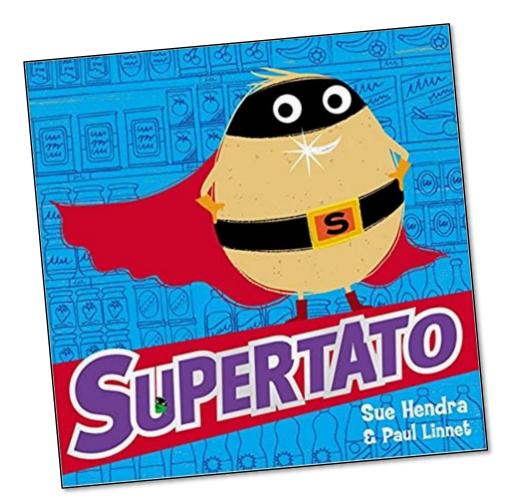
Take turns to roll each of your veggies or roll together with a grown up or someone else in your house.

Who is the winner?

Let us know the best rollers!







### Race yourself!

Why not use your time outside to set your own challenges just like the veggies.

Their sports were Running, jumping and spinning!



#### Talking Together

Set yourself some challenges.

How many jumps on 2 feet can you do in a minute? Get a grown up to set their phone timer. How many on I foot?

How many spins can you do? Don't get dizzy!

Can you run on the spot for one minute.



Video yourself doing some of our challenges and send them to us or post on twitter!