Good morning!

We have uploaded some ideas and resources you might like to try with your children this week but please do not feel under any pressure to complete all of the activities. The most important thing right now is your family’s health and well-being so please do not worry, your children will be learning all the time.

With this in mind, we would like to draw your attention to the importance of play in your child’s development and learning. Through the power of play young children develop many skills which are essential building blocks for later learning including:

* language,
* emotions
* creativity
* social skills
* concentration skills
* co-operation skills
* imagination
* problem solving
* self-expression

Encouraging children to explore outdoor play is also extremely beneficial and necessary for their development. Outdoor play helps them to learn lots about the ever changing environment and gives them the opportunity to use their whole body and develop their gross motor skills. It can meet their multi-sensory needs and can give them a love for the outdoors.

Play also allows children to relax, let off steam and helps to build self-worth by giving them a sense of their own abilities. Whether it is messy play, creative or role play, we hope we have managed to convince you, it is an essential part of learning.

Have fun!

The Nursery Team.