



Year 4 Newsletter

1-7-22



Last week, the children were off timetable and focused on STEM/sports activities. Throughout the week, the children learnt lots of new and exciting aspects regarding how sport, with the help of technology, has developed over the years. To start our week off, we were joined by Callum Deboys, a Paralympic athlete who specialises in Nordic Skiing. Callum set our week off with a BANG, showing us his tricky road to success, discussing how he trains, eats and he even gave us some exercises he uses to keep fit and healthy!



It was lovely to see so many of you at our annual sports day and we can speak for all members and staff and parents when we say we are extremely proud of all children who took part. Everyone attacked every event and drew upon wonderful resilience to complete every task in the lovely sun! To wrap our week up, we had a fantastic opportunity to put our skills to the test with the help of two Sport Scientists from Northumbria University. We tested our speed and agility using sprinting timing gates, as well as our leg strength with the standing long jump. We compared our results to professional athletes and even came close to some of their scores!



Fantastic Flapjacks! In DT we have been designing and making our own healthy snacks. The fruit kababs were delicious, but the flapjacks were a firm favourite that some students even tried out at home! Click on the link below to try out the recipe for yourself.

[Basic Flapjack Recipe | BBC Good Food](#)



[Tessellations Inspired by M.C. Escher! - YouTube](#)

This week in art, we looked at the work of M.C. Escher and linked our knowledge of tessellation in maths to create some remarkable repeating patterns. Check out the link to create some ideas of your own at home. For anyone interested in art, the Laing runs a class on the first Saturday of the month - see the link for further details. [Saturday Art Classes for 10-15 year olds](#) | [What's On](#) | [Laing Art Gallery](#)

The End of term is nearly upon us!

LOOKING FORWARD

active
NORTH TYNESIDE

To continue to stay active in the summer holidays – check out the local activities available in North Tyneside.

NEWCASTLE UNITED FOUNDATION

[Family Fun Days \(activenorthtyneside.org.uk\)](#)

[Summer Week Six, North Shields](#) | [Newcastle United Foundation \(nufoundation.org.uk\)](#)



Dates for your diary: -

Transfer to Middle School – Enjoy the excitement of meeting new friends and teachers on the two transfer days – **Tuesday 5th and Wednesday 6th July**