

## How can I use this with my children?

Add a twist to toast with a pizza-style topping and cut out fun-to-eat shapes with either a biscuit cutter or freehand. Float plain toast in soup for a tasty snack or serve at a party.

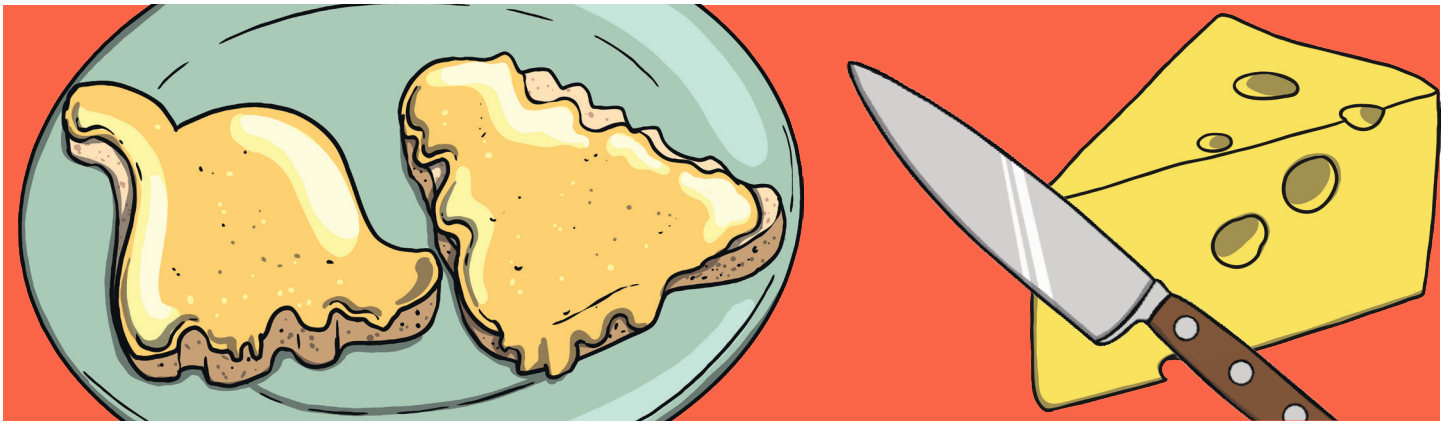
## How does this help my children's learning?

Children can practise shape recognition when cut out using different biscuit cutter shapes. Cut into smaller bite-sized pieces, children can learn to sit and enjoy a snack at any time whilst being independent.

## Ideas for further learning:

Make a variety of different toppings to encourage your child to develop their taste buds and eat new textures. Children could make their own bases from a basic bread recipe too.





# Dinosaur Pizza Toast

## Ingredients

sliced bread

tomato puree

grated or sliced cheese

## Topping Suggestions

ham

chicken

spinach

pepperoni

peppers

sweetcorn

## Equipment

grill

knife

teaspoon

biscuit cutter (optional)

baking tray

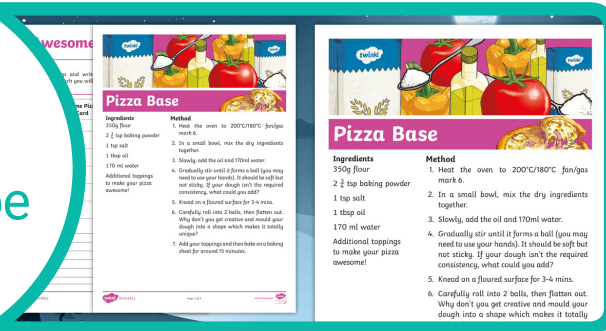
## Method

1. Preheat the grill to a medium heat, ready for toasting.
2. Toast one side of the bread.
3. Remove from the grill and spread a teaspoon of tomato puree onto the not grilled side of the bread slice – use the back of the teaspoon to spread evenly.
4. Sprinkle grated cheese on top of the puree. (Avoid piling too high in the middle or too close to the edge.)
5. Add other toppings if needed.
6. Grill for 5-10 minutes until cheese has melted and begun to turn golden brown.
7. Remove from the grill – the cheese will be very hot.
8. Cut into dinosaur shapes (with the biscuit cutter if desired).
9. Place on a plate and enjoy!

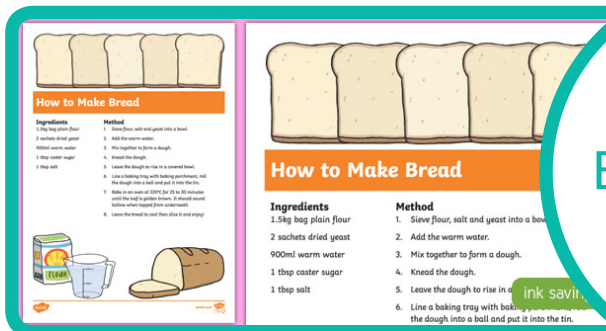
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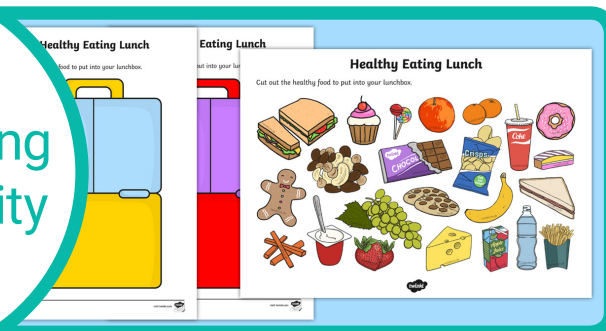
## Awesome Pizza Recipe



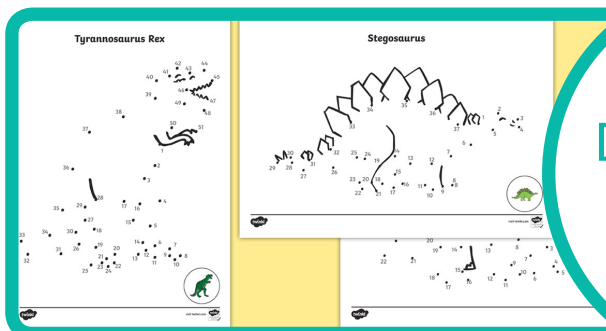
## Bread Recipe



## Healthy Eating Lunch Activity



## Dinosaur Dot to Dot



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