



Year 2 Newsletter

Our newsletter is sent out every two weeks to keep you up to date.

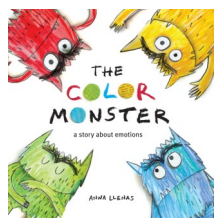
Friday 11th September



The summer has certainly flown over—it's hard to believe that another school year at Southridge is well underway! The children have settled in very quickly and are certainly pleased to be back with all of their friends. We have an action packed term planned and look forward to sharing all of our adventures with you over the coming weeks.

For further information about all of the things we will be covering across our broad and balanced curriculum, **please see our Curriculum Overview for this half term by clicking [here](#)**. We hope that you will find this information useful. If you have anything that will support our learning (resources, skills etc) please speak to one of the team—we'd love to hear from you!

As part of our learning in PSHE and to support our transition into a new school year, we have been exploring our emotions using the Zones of Regulation. This is a framework that helps children to identify and name their emotions and recognise how their bodies feel when they experience each feeling. We had some help from a few popular film and book characters too!



We have been using this framework to 'check in' with each other at different times during the school day as well as explore situations that cause us to be in each zone. We will continue to explore each zone and then begin to learn various 'tools' that can help us regulate our emotions at times when we may be feeling upset, frustrated, worried or tired.



Using the new corridor display, we are able to share with our friends and adults in Year 2 how we are feeling each day.

PE



PE days this half term for Year 2 are **Wednesdays** and **Thursdays**. As we move into the colder weather, children would benefit from wearing a pair of dark leggings or joggers on these days so that we can continue to make the most of our MUGA.

Spelling Shed



Spelling Shed has been updated for the new school year and we encourage your child to continue accessing this at home to help them practise and consolidate the spelling rules we have been learning in class. Each child will be bringing home a copy of their log in details shortly.



Beach Clean — Tuesday 15th September @ 3.30pm

Individual Photographs—Thursday 17th September

Parents' Consultations —Monday 19th and Tuesday 20th October

Halloween Disco—Thursday 22nd October

Teacher Training Day—Friday 23rd October

Proud to make a positive impact.