PE—Long Term Overview

Year Group	Autumn	Spring	Summer
Year 1	Dance Attack, Defend and Shoot	Gymnastics Run, Jump, Throw	Send and Return Hit, Catch, Run
Year 2	Dance Attack, Defend and Shoot	Gymnastics Run, Jump, Throw	Send and Return Hit, Catch, Run Swimming
Year 3	Invasion Games Dance Swimming	Net Wall Games Gymnastics	Striking and Fielding Games Athletics
Year 4	Invasion Games Dance	Net Wall Games Gymnastics	Striking and Fielding Games Athletics