



**Another wonderful week**, despite the weather and the limited opportunities to access our outdoor classroom. The busy minds and bodies in our class haven't slowed down one bit!

In P.E., we took a yoga adventure under the sea with the story *Squish the Fish*, and we enjoyed some **lively chiffon scarf dancing** using our gross motor movements to upbeat pop songs.

**Try some chiffon scarf dancing in the house to your favourite tunes. Its fun but a great way to help you child develop.**

### **It strengthens gross motor skills**

Throwing, catching, swooshing, and waving scarves help children practise:

- Shoulder and arm strength
- Core stability
- Balance and coordination

Because scarves move slowly through the air, children have more time to track and respond—perfect for developing coordination in an achievable way.

### **It supports hand-eye coordination**

Scarf play encourages children to:

- Follow a moving object
- Pr
- Ti

Mathematical Development Ideas to Support With  
at Home

This builds the foundation for later skills like **writing, cutting, and sports**.

### **It boosts bilateral coordination**

Using both hands together (e.g., waving two scarves, throwing with one and catching with the other) strengthens connections between the brain's hemispheres.

This supports:

- Early mark-making
- Dressing skills (zips, buttons)
- Spatial awareness
- Overall movement fluency

- Spot the number 4 out in the care or on walks
- What animals have 4 legs? Discuss the number of legs of the pets children may have or the animals they see outside.
- Point out the number 4 on a clock, phone, watch or their technical equipment.
- Spot the dominoes or cards form a pack with 4 dots on them.



- Read the book 'Pete's Groovy Buttons'.
- Spot rectangles and squares at home and count the sides.
- Number Blocks episode [Numberblocks - Series 1: Four - BBC iPlayer](#)



### Important Diary Dates and Information

**February 9<sup>th</sup> and 10<sup>th</sup> - Parent Consultation 3.30-6.30pm**

**Friday 13<sup>th</sup> February - Last Day of Spring 1 Half Term**

**Friday 13<sup>th</sup> February- Magical Mischief Day**

**Monday 23<sup>rd</sup> February - First Day Spring 2 Half Term**

**Thursday 2<sup>nd</sup> April - Last Day of Spring Term**

**Monday 20<sup>th</sup> April - First Day of Summer Term**



Have a wonderful weekend

Take care,  
The Nursery Team 😊