



Nursery Newsletter: 17.10.25

We've had a fantastic week filled with exploration, creativity, and growth. To keep the learning going at home, here are some top tips you can try together.



🍂 Autumn Week 7: Exploring the Number 1 at Home 🍂

Let's help children notice and understand the number 1 through everyday experiences and play!

🏠 Number 1 Activities at Home

- **Number Spotting Walks**
Look out for the number 1 on door numbers, car number plates, signs, and packaging.
- **Bath Time 'Number 1 Soup'**
Invite your child to add *one* of each bath toy into the "soup." Count together as you go!
- **Helpful Hands**
Encourage your child to bring you *one* item:
"Could you bring me 1 apple, please?"
"Let's get 1 spoon for your cereal."
- **Domino Discovery**
Play with dominoes and find the ones with just 1 dot. Can they match or sort them?
- **Choose Your Favourite**
Offer a choice of three things (e.g. colours, fruits, toys) and ask:
"Which is your favourite? You can only choose 1!"

🍰 1. Chocolate Mug Cake (Minimalist Style)

Ingredients:

- 1 tbsp all-purpose flour
- 1 tbsp cocoa powder
- 1 tbsp sugar
- 1 tbsp milk
- 1 tbsp vegetable oil
- 1 tbsp chocolate chips (optional)
- Pinch of baking powder (optional for fluffiness)

Instructions:

1. Mix all ingredients in a microwave-safe mug until smooth.
2. Microwave on high for 45-60 seconds.
3. Let cool slightly and enjoy!

Look what we made
using number 1 .

Yummy!



The classroom environment in early years settings plays a **crucial role** in shaping children's development, learning, and emotional well-being.



Rhyme Development

- **Spell casting and potion-making** naturally lend themselves to rhyming phrases (e.g., "Bubble, bubble, toil and trouble...").
- Children can create their own **rhyming spells**, which boosts phonological awareness — a key early literacy skill.



Benefits for Fine Motor Skills

- **Scooping, pouring, and pinching** lentils and beans strengthens finger muscles and hand-eye coordination.
- Encourages **grasping and releasing**, which are foundational for writing and self-care tasks.
- Promotes **focus and calm**, especially when paired with quiet, exploratory play.



Rhyming is a crucial component of phoneme awareness which, is essential for learning to read and spell.

Song

1 Finger, 1 Thumb



1 finger, 1 thumb keep moving (x 3)
We'll all be merry and bright.

1 finger, 1 thumb, 1 arm, keep moving (x 3)
We'll all be merry and bright.

1 finger, 1 thumb, 1 arm, 1 leg keep moving (x 3)
We'll all be merry and bright.

1 finger, 1 thumb, 1 arm, 1 leg, 1 nod of the head, keep moving (x 3)
We'll all be merry and bright.

Important diary dates and information

Christmas Performances: Tuesday 9th December 2.15 pm for afternoon Nursery.

Friday 12th December 9.30 am for morning Nursery .