

## Year 2 Newsletter

Our newsletter is sent out every two weeks to keep you up to date.

Friday 12th September



The summer has certainly flown over—it's hard to believe that another school year at Southridge is well underway! The children have settled in very quickly and are certainly pleased to be back with all of their friends. We have an action packed term planned and look forward to sharing all of our adventures with you over the coming weeks. The attached topic web outlines all of the things we will be covering across our broad and balanced curriculum and we hope that you will find this information useful. If you have anything that will support our learning (resources, skills etc) please speak to one of the team—we'd love to hear from you!

As part of our learning in PSHE and to support our transition into a new school year, we have been exploring our emotions using the Zones of This is a framework that helps Regulation. children to identify and name their emotions and recognise how their bodies feel when they experience each feeling. We had some help from a few popular film and book characters too!





We have been using this framework to 'check in' with each other at different times during the school day as well as explore situations that cause us to be in each zone. We will continue to explore each zone and then begin to learn various 'tools' that can help us regulate our emotions at times when we may be feeling upset, frustrated, worried or tired.



Using the new corridor display, we are able to share with our friends and adults in Year 2 how we are feeling each day.



PE days this term for Year 2 are • P.E. Tuesdays and Thursdays. As we move into the colder weather, children would also benefit from

having a pair of dark leggings or joggers so that we can make the most of our MUGA. All girls will need a pair of socks in their kits as we cannot do PE in tights.

In Year 2, it is our turn to play on the climbing frame every Wednesday at break times and our turn to use the MUGA is a Tuesday.

We have discussed with the children how best to support them when playing football (we know this can be challenging for the children to stay regulated and the game to remain enjoyable for all). They agreed that having a grown-up supporting them would help. As such an adult will facilitate Year 2's football games which will be on a Tuesday during their MUGA time.

There are also lots of toys and games for children to use on other days, from skipping ropes and basketballs to construction equipment.

## Toys and keyrings in school

Please can we ask that toys such as Labubus are not sent into school and that only a small keyring is attached to book bags so they can be easily taken in and out of drawers. Thank you for your support.

Proud to make a positive impact.

## Dates for your diary



Individual Photographs—Tuesday 16th September KS1 Harvest Assembly—Wednesday 8th October 2:30pm Parents' Evening—Monday 13th and Tuesday 14th October Halloween Disco—Thursday 23rd October