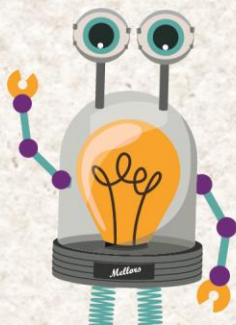


Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Cheese and Tomato Pizza & Pasta	Chicken Curry & Rice	Sausage Dinner, Roast Potatoes & Yorkshire Pudding	Chicken & Tomato Pasta	Battered Fish & Chips
Vegetarian Main Dish	Chow Mein	Quorn Fajita Wraps	Quorn Dinner, Roast Potatoes & Yorkshire Pudding	Tomato Pasta	Veggie Fingers & Chips
Accompaniments	Seasonal Vegetables Fresh Salad	Seasonal Vegetables Fresh Salad	Seasonal Vegetables Fresh Salad	Seasonal Vegetables Fresh Salad	Seasonal Vegetables Fresh Salad
Desserts	Chocolate Brownie	Lemon Cake	Flavoured whip	Chocolate cake	Fruity Jelly
Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt
Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection



MENU



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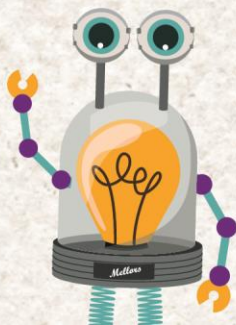


- HEALTHY OPTION

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Cheese & Tomato Pizza & Pasta	Build a Burger & Baked Potato Wedges	Roast Beef Dinner, Roast Potatoes & Yorkshire Pudding	Sausage & Tomato Pasta	Breaded Fish Fingers & Chips
Vegetarian Main Dish	Quorn Chilli & Rice	Vegetable Burger & Baked Potato Wedges	Quorn Dinner, Roast Potatoes & Yorkshire Pudding	Tomato Pasta	Quorn Nuggets & Chips
Accompaniments	Seasonal Vegetables Fresh Salad	Seasonal Vegetables Fresh Salad	Seasonal Vegetables Fresh Salad	Seasonal Vegetables Fresh Salad	Seasonal Vegetables Fresh Salad
Desserts	Banana Bread	Fruit Crumble & Custard	Ice Cream	Chocolate Orange Cookie	Shortbread
Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt
Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection



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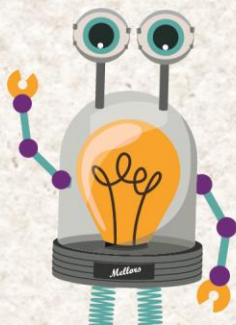


- HEALTHY OPTION

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Cheese & Tomato Pizza & Pasta	Chicken Burger & Baked Potato Wedges	Roast Gammon & Roast Potatoes	Pork Meatball in Tomato Sauce & Pasta	Battered Fish & Chips
Vegetarian Main Dish	BBq Quorn & bean Wrap & Rice	Meat Free Meatball Subs & Baked Potato Wedges	BBQ Quorn Stew & Roast Potatoes	Tomato Pasta	Veggie Fingers & Chips
Accompaniments	Season Vegetables Fresh Salad	Seasonal Vegetables Fresh Salad	Seasonal Vegetables Fresh Salad	Seasonal Vegetables Fresh Salad	Season Vegetables Fresh Salad
Desserts	Flapjack	Chocolate Cake	Fresh fruit and ice cream	Ginger Biscuit	Iced Raspberry Cake
Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt
Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection



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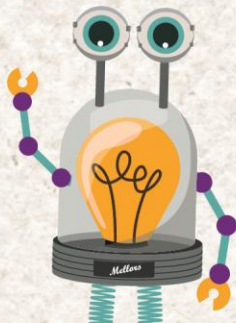
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- HEALTHY OPTION



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- HEALTHY OPTION