



Southridge First School Whole School Newsletter January 2025



"Proud to Make a Positive Impact"

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It is our aim is to produce learners who embody our Core Values and are Resilient, Positive and Successful now, and for the future.

Southridge First School Staff
September 2024

Happy New Year

I would like to take this opportunity to wish you all a very happy and successful 2025. It has been lovely to see the children back in school looking recharged, rested and full of happy tales about their Christmas holidays.

There is plenty for the children to look forward to this term with various trips planned for the different year groups, Farmer Facetime meetings, Mothers' Day giftshops, a range of exciting after-

school clubs, the famous Year 4 trip to High Borran and much more.

We look forward to seeing how we can all make a positive impact on ourselves and others over the coming 13 weeks.

Faith & Diversity Day



We have celebrated our first week back with a Faith & Diversity Day across school today. The children had the chance to work with different teachers across their keystage and learn about and from different religions and ways of life that do not come up in their regular curriculum. A theme of, 'the same and different' came through as the children discovered just how different some peoples' lives can be, but also the similar human values that are shared around the world. The children thoroughly enjoyed completing a wide range of activities including, cooking, drama, craft and art.

Book Looks



We would like to invite the parents of children in Year 1-4 to come into school to share their children's books with them. The sessions will be at the start of the school day (week beginning Monday 3rd February) and offer the chance for a parent or other family member to come in and sit with their child and look through the work they have completed in their books so far this year. We have found that the children enjoy the chance to share their work one-to-one and benefit from the opportunity to talk about it and receive positive acknowledgement of their hard work and effort from someone who is important to them from outside of school. Due to space restrictions, we ask that no more than two adults attend for each child, and please don't worry if you are unable to make it (or send a deputy) as a member of school staff or volunteer will sit with your child and explore their books with them.

The schedule for each year group's Book Look is as follows:

9.10-9.40am

Monday 3rd February: Year 1

Tuesday 4th February: Year 2

Wednesday 5th February: Year 3

Thursday 6th February: Year 4

Winter Preparedness



Winter has brought with it, its usual cold blast so far in January and we doubtless have more to come. As well as break times and lunchtime, the children are often (weather permitting) having some of their learning outdoors. As such, it is essential that they come to school prepared for the weather. Please ensure they bring a warm waterproof coat, with a hat, gloves and scarf on particularly cold days (these **MUST** have a name label in if you wish for them to be returned if lost/misplaced). Also on days when there has been more than 2-3cm of snow we ask that the children bring to school a pair of appropriate boots (wellies or walking boots - not fashion boots) so they can enjoy playing in the snow. If they only have school shoes, these inevitably become wet and can extremely uncomfortable for the children - as such, they will need to either be kept inside, or restricted to a 'less snowy' part of the outdoor play area. Thank you for your support and understanding.

Punctuality & Attendance



We know that for all families that there can unforeseen events that come up in the morning and might make you slightly late for the start of the day, however if you find this becoming a pattern try to make 8.40am (when the gates open) your target arrival time - this will give you a ten minute window to arrive in, before the gates close at 8.50am. Arriving on time with their friends, is definitely the best start to the school day.

Thank you to everyone who helped us to finish last term with an attendance rate of 97.6%. Despite

all of the usual nasty bugs that schools experiences, you worked hard to make it in - well done!

Free school meals



Your child may be entitled to free school meals

To check eligibility for free school meals you must apply online at www.northymside.gov.uk and enter 'free school meals' in the search bar.

If you don't have an e-mail address please call to register for free meals (0191) 643 2288

Choose Option 3

Easy to apply

It only takes a few minutes to apply online, you will need your NI Number or your NASIS reference to register.

Savings for your family

You could save over £427 per year for every child that qualifies for free school meals.

Your school benefits too

Your school receives additional funding for every child registered for free school meals. So the school and your children will be better resourced.

Please do not struggle in silence

If you are finding that financial pressures are affecting your child(ren)'s ability to access school, please email

financial.support@southridgefirst.org.uk

which is a confidential email address monitored by the headteacher and we will contact you to see what support we may be able to provide and signpost for you.



**Do you want to improve
your child's health?**

**Physical
activity**

**Lifestyle
topics**

**Healthy
snack**

A free 10 week programme to support you and your family to make healthy lifestyle changes.

There are family programmes for two different age groups; ages 4-7 years old and ages 8-14 years old.

Register:



**North
Tyneside
Council**



CHAT@northtyneside.gov.uk



Healthy
• 4 Life

In **10 weeks** we cover:

- Simple **food swaps** to reduce **fat** and **sugar** intake
- The right size **portions** for children and adults
- How to understand **food labels** and afford healthy options
- **Opportunities to add** run and play into your daily routine
- How to grow foods and **make healthy meals**
- Learn about key factors to **improve your wellbeing**

**Sessions
take place
once a
week, after
school**

Register:



Eligibility criteria applies,
please ask for more details.



North
Tyneside
Council



CHAT@northtyneside.gov.uk

