

Unit 12: Striking and fielding games - unit 1

Audience: Key Stage 2

Year Group: 3/4

In this unit children learn how to hit or strike the ball into spaces, so that they can score runs in different ways. When fielding, they learn how to work together to keep the batters' scores down. In all games activities, children have to think about how they use skills, strategies and tactics to outwit the opposition. In striking and fielding games, players achieve this by striking a ball and trying to deceive or avoid fielders, so that they can run between wickets or around bases to score runs. When fielding, they try to prevent runs or points being scored.

Lesson plans

[Lesson plan 1: Bench Tennis](#)

Children will practice their skills of bouncing , throwing and catching. Children will begin to understand that when working with a partner they can work both cooperatively and also compete against their partner. Children will play a game using both of these techniques. Children will be able to invent a simple fielding game which they will then teach to their partner.

[Lesson plan 2: Keep the hoop full](#)

Children will practice throwing bean bags into hoops to develop their aim and accuracy. Children will learn what 'fielding' means and play a game, both as a class and in small groups, where they take on the role of 'fielder'. Children will work cooperatively to develop their skills of throwing and catching while at the same time competing against other teams.

[Lesson plan 3: Drop and Catch](#)

Children will improve hand-eye co-ordination by practicing bouncing, dropping and catching a moving ball. Children will begin to develop the skill of passing to a partner by throwing and catching a moving ball.

[Lesson plan 4: Piggy in the Middle](#)

Children will continue to develop their passing skills and fielding skills when working with a partner and as part of a team. Children will begin to intercept balls thrown by their opponents. Children will be able to play a simple net type game that involves passing, intercepting and scoring.

[Lesson plan 5: Throwing, striking and fielding a ball.](#)

Children will practice bouncing and striking a ball with a bat then retrieving the ball. Children will work in small groups to throw, strike and field a ball working both cooperatively and competitively. Children will use skills learnt during this and previous lessons to invent and play their own fielding games.

[Lesson plan 6: Duck Down](#)

Children will practice throwing, striking and fielding a ball, finding ways to make the collection of the ball more difficult. Children will practice throwing a ball or beanbag over varying distances and use these skills in a team game.

[Lesson plan 7: Leg ball](#)

Children will use their feet to send, control and stop a ball. Children will practice passing the ball through targets with their feet. Children will use their feet to field a ball and then use the skills learnt in today's lesson to play a competitive game.

[Lesson plan 8: Crazy Golf](#)

Children will bring together all the skills learnt from earlier lessons. Children will be able to select and apply the appropriate skill and be aware of ways to ensure their own and other's safety. Children will have learnt the importance of activity, how their bodies change and agree that exercise can be fun.