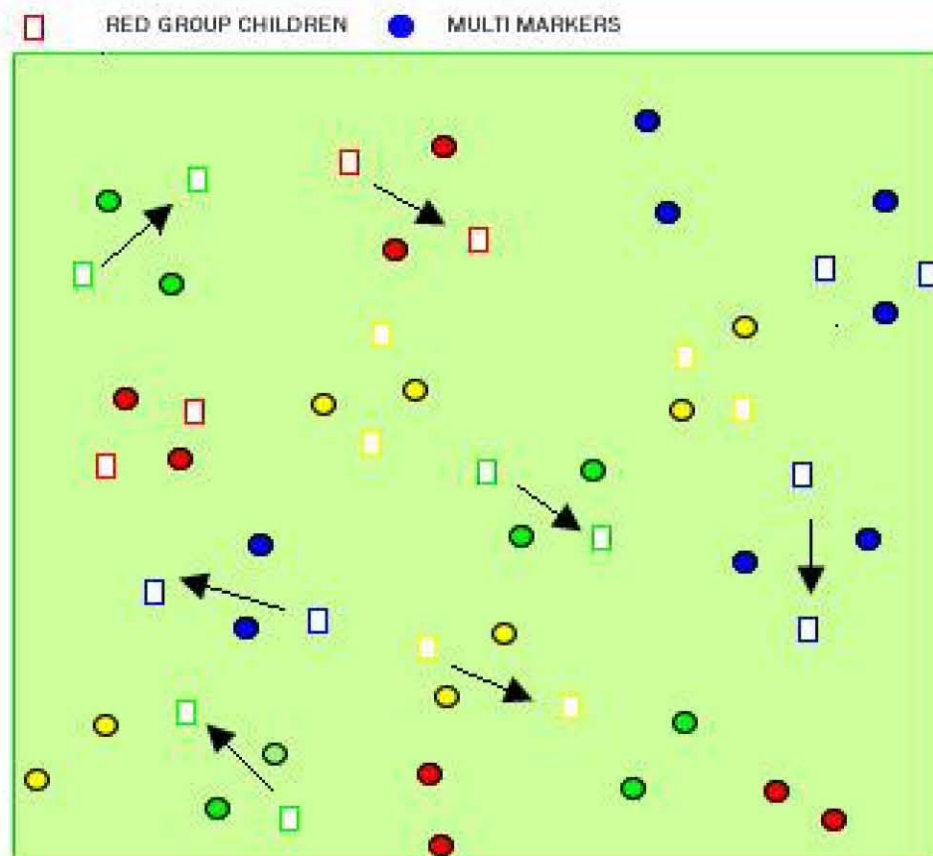


Learning Outcomes: For the children to learn how to send and receive the ball with a partner using a variety of techniques and to develop these skills in a modified invasion game.



15 Minutes ⌚

1. WARM UP ACTIVITY

The multimarkers are distributed around the area setting up 16 small gates [4 of each colour]. The children are organised in the same home groups as last lesson and must stand next to a multimarker of their own colour. [Wearing bibs will help the organisation]. The children now have to run through all the gates of their own colour in any order and return to their start position.

Do this a few times to make sure the children understand the concept.

2. SENDING AND RECEIVING IN PAIRS

The children are now put in pairs with a partner from their own home group. Each pair find a gate of the same colour and collect a football. Standing 3 paces apart either side of the gate the children send and receive passes making sure the ball always goes between the markers. Help the children to discover different ways of sending the ball using hands only.e.g rolling-throwing and catching-throwing with a bounce etc. and as they develop progress to using football techniques of kicking and stopping. The next activity is similar to the warm up - with their partner they must now travel around the playing area sending and receiving passes at every gate which is their own colour .E.G. blue players must visit the 4 blue gates.

KEY TEACHING POINTS

1. Help the children to find different ways of sending the ball. to their partner. Emphasise the need for softer passes that are easy to receive.
2. When moving on to passes with feet get the children to use the wide flat inside area of the foot to pass the ball.

QUESTIONS TO ASK THE CLASS:

1. How can we pass the ball to our partner ?
Throw and catch underarm- throw overarm -use 1 hand- use 2 hands- roll or bounce the ball
2. How can we make sure are partner is ready to receive?
By watching carefully and checking where they are and that they are watching.

