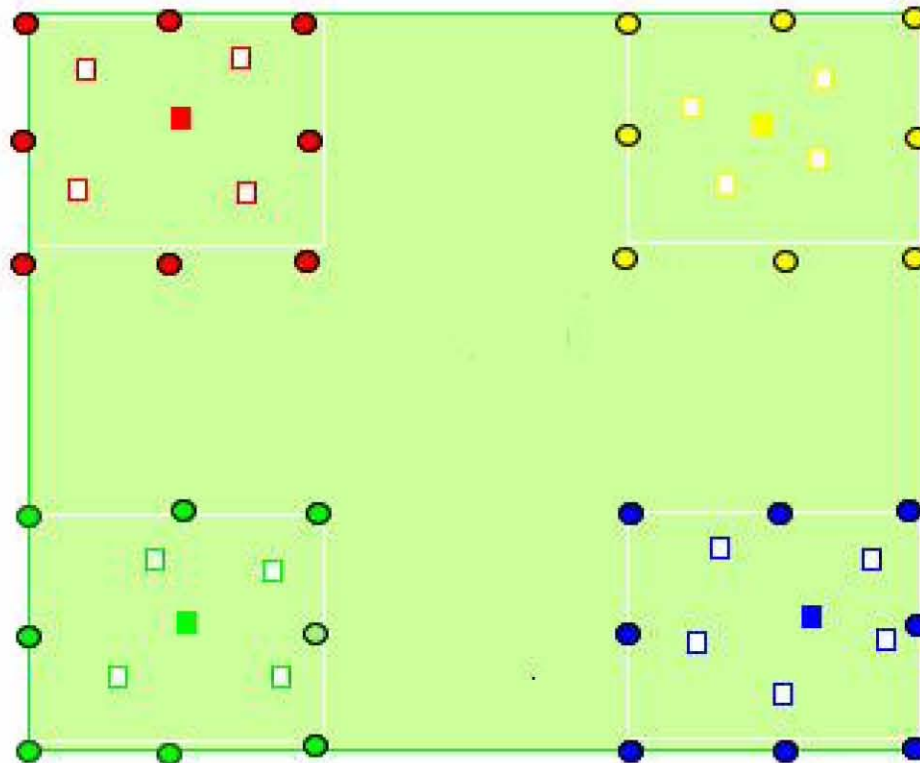


# TEACHING FOOTBALL IN SCHOOLS KEY STAGE 1 Year 2 Lesson 2

**Learning Outcomes:** For the children to learn how to send and receive the ball with a partner using a variety of techniques and to develop these skills in a modified invasion game.



20 Minutes ⌚

## 3 KEEP BALL 4 v 1

The children are arranged in their home groups with 1 ball per group. 1 player in turn takes their bib off to create a 4 v 1 game activity. The team of 4 using their throwing and catching techniques have to try and make 8 passes without the ball being intercepted by the 1 defender.

The defending player should be changed every 45 secs.

Change the rules so the children have a wide range of experiences e.g. the ball is not allowed to go on the floor. - All passes must be below head height - All passes must bounce on the floor.

As the children develop differentiate by changing the game to 4 v 2

## 4. INVASION GAME

The final activity will help to develop the understanding of invasion games. The red team now play against the green team and the blue team play against the yellow team. Each team has a ball each. Starting from their home stadium they must pass and move the ball from player to player progressing the ball forward until their whole team is in their opponents stadium. Each player in the team must pass the ball. Players are not allowed to run with the ball. Teams cannot intercept opposition passes.

### KEY TEACHING POINTS

1. Players need to understand in the keep ball activity when to pass the ball - when the defender comes to intercept.
2. Once they have made a pass they should move into another good space to help the team.

### QUESTIONS TO ASK THE CLASS:

1. How can you help your team to keep the ball?  
**By getting in position to receive a pass.**
2. What is a good space to receive a pass?  
**At least 3 or 4 paces away from the player with the ball, where they can see you.**

